

# Hel van Groesbeek | 08-04-2018

## 105 Kilometer - Uitslag per Geslacht

### Mannen

Pos	StNr	Naam	Woonplaats	Cat	#Tot	Netto35	Netto70	Netto105	BrutoTot	DQ
1	38	Gert Jan Bosman	Nijverdal	M18+	1	01:26:42	02:53:45	04:23:30	04:23:31	
2	2	Tim Smeenge	Zeegse	M18+	2	01:26:45	02:53:44	04:23:39	04:23:40	
3	3	Thom Bonder	Assen	M18+	3	01:26:46	02:53:43	04:23:46	04:23:47	
4	1	Bas Peters	Heythuysen	M40+	4	01:26:49	02:53:45	04:23:51	04:23:53	
5	46	Gerben Mos	Havelte	M18+	5	01:29:07	02:59:05	04:31:59	04:32:01	
6	32	Bart Classens	Linden	M18+	6	01:26:43	02:55:32	04:34:30	04:34:33	
7	45	Micha Gankema	Assen	M18+	7	01:29:05	02:59:09	04:37:01	04:37:04	
8	43	Remco Smits	Veghel	M18+	8	01:29:51	03:02:02	04:38:59	04:39:00	
9	47	Stijn Appel	Spanbroek	M18+	9	01:29:07	02:59:34	04:39:14	04:39:16	
10	13	Patrick Roos	Etten-Leur	M30+	10	01:28:59	02:59:38	04:39:34	04:39:37	
11	726	Ramses Bekkink	Alkmaar	M40+	11	01:29:50	03:02:03	04:40:58	04:41:01	
12	33	Juul van Loon	Cuijk	M30+	12	01:29:52	03:03:01	04:42:32	04:42:34	
13	27	Anco Korteweg	Noordhoek	M30+	13	01:31:35	03:04:59	04:44:28	04:44:31	
14	10	Erik van Laar	Eerbeek	M30+	14	01:33:13	03:07:28	04:44:35	04:44:37	
15	335	Coen van Kleef	Schipluiden	M18+	15	01:33:06	03:07:23	04:47:23	04:47:27	
16	29	Bram Rood	Broek op Lang	M30+	16	01:31:38	03:07:41	04:47:24	04:47:27	
17	39	Jeroen Boelen	Drunen	M40+	17	01:29:02	03:05:58	04:47:54	04:48:00	
18	524	Roy van Heeswijk	St. Oedenrode	M30+	18	01:34:10	03:09:58	04:51:47	04:51:50	
19	379	Robin Overeem	Uden	M30+	19	01:34:10	03:10:01	04:51:56	04:52:00	
20	12	Roy Peters	Groesbeek	M18+	20	01:34:10	03:11:34	04:52:33	04:52:39	
21	168	Niek Hooghierster	Drachten	M18+	21	01:34:06	03:11:30	04:53:22	04:53:33	
22	202	Ronald de Jong	Den Haag	M40+	22	01:34:08	03:11:30	04:54:49	04:54:57	
23	22	Arjen Feenstra	Ugchelen	M40+	23	01:35:36	03:13:23	04:56:52	04:56:57	
24	701	Daan Driessen	Ouddorp Zh	M40+	24	01:35:53	03:14:55	04:57:32	04:57:37	
25	486	Rob van Gestel	Diessen	M40+	25	01:37:47	03:13:11	04:57:58	04:58:21	
26	310	Mike van de Wouw	Dordrecht	M50+	26	01:36:03	03:14:34	04:58:06	04:58:21	
27	21	Anne van Leeuwen	Rheden	M30+	27	01:35:44	03:13:31	04:59:03	04:59:08	
28	363	Giel KleinJan	Nijverdal	M30+	28	01:37:39	03:14:30	05:00:04	05:00:27	
29	399	Cor van Leeuwen	Utrecht	M30+	29	01:35:36	03:13:49	05:01:14	05:01:29	
30	552	Maarten Mandemake	Utrecht	M30+	30	01:35:31	03:14:33	05:01:14	05:01:30	
31	480	Jarno Pannekoek	Epe	M18+	31	01:37:40	03:13:35	05:02:32	05:02:52	
32	24	Frank Molenaar	Arnhem	M18+	32	01:33:10	03:09:48	05:03:25	05:03:28	
33	40	Maikel Govaarts	Drunen	M40+	33	01:34:13	03:11:37	05:03:27	05:03:31	
34	329	Rick Seele	Lochem	M30+	34	01:35:55	03:14:43	05:03:42	05:04:00	
35	309	Bas van de Vorst	Groesbeek	M18+	35	01:35:33	03:20:41	05:04:11	05:04:16	
36	510	Robin Koot	Haarlem	M30+	36	01:41:53	03:20:33	05:04:01	05:04:53	
37	501	Rob van der Heijden	Den Dungen	M18+	37	01:42:15	03:20:36	05:04:13	05:05:13	
38	23	Ruud Grandia	Doetinchem	M30+	38	01:41:01	03:21:14	05:05:07	05:05:13	
39	31	Corne van Oorschot	Liempde	M50+	39	01:36:10	03:16:18	05:05:25	05:05:30	
40	34	Auke Geurts	Amsterdam	M40+	40	01:40:29	03:22:34	05:05:25	05:05:32	
41	17	Erik Franssen	Nijmegen	M40+	41	01:36:29	03:23:16	05:05:28	05:05:34	
42	20	Jan Feenstra	Ede Gld	M40+	42	01:36:15	03:15:34	05:06:13	05:06:18	
43	544	Camiel Denis	Zeist	M30+	43	01:36:27	03:21:30	05:06:17	05:06:33	
44	658	Rudy Laros	Breda	M40+	44	01:40:15	03:20:25	05:06:25	05:06:46	

45	407	Rob van Dongen	Zeeland	M40+	45	01:37:53	03:20:39	05:06:48	05:07:06
46	175	Raoul Liebregts	Sint-Oedenrode	M40+	46	01:36:06	03:17:14	05:07:40	05:07:50
47	497	Maarten Wijdenes	Opperdoes	M30+	47	01:42:31	03:23:09	05:07:25	05:08:03
48	391	Tjeerd van der Schaaf	Drachten	M30+	48	01:39:53	03:20:14	05:08:23	05:08:52
49	630	Tijs van den Brink	Putten	M50+	49	01:38:28	03:21:16	05:09:02	05:09:23
50	30	Luc Koning	Vught	M50+	50	01:39:51	03:22:35	05:09:53	05:09:58
51	201	Martijn van der Ham	Den Haag	M40+	51	01:37:51	03:18:43	05:10:08	05:10:17
52	316	Rutger van Doremaele	Kerkdriel	M40+	52	01:42:54	03:23:29	05:10:18	05:10:37
53	327	Dennis Koster	Wapse	M40+	53	01:39:31	03:22:38	05:10:32	05:10:57
54	154	Mark Hessel	Emmen	M40+	54	01:40:10	03:22:53	05:10:48	05:10:57
55	16	Erwin Mesu	Heerenveen	M18+	55	01:40:16	03:24:15	05:12:05	05:12:10
56	358	Bas Bugel	Hippolytushoeve	M30+	56	01:42:29	03:23:09	05:11:45	05:12:23
57	632	Kasper Burgers	Winterswijk	M30+	58	01:41:08	03:22:30	05:12:11	05:12:39
58	305	Peter Fick	Teuven	M30+	59	01:36:27	03:21:13	05:13:08	05:13:20
59	172	Mike Hendriks	Doetinchem	M30+	60	01:38:19	03:20:27	05:17:17	05:17:26
60	650	Rolf Edelenbos	Dronten	M50+	61	01:40:34	03:27:32	05:17:41	05:18:04
61	561	Ron Mourik	Oosterhout	M50+	62	01:42:48	03:27:46	05:18:28	05:18:48
62	520	Gijs ten Have	Gendringen	M18+	63	01:39:14	03:20:17	05:18:45	05:19:00
63	608	Jesse Beurskens	Goirle	M40+	64	01:41:42	03:27:47	05:19:11	05:19:31
64	549	Timo Sijm	Andijk	M30+	65	01:44:31	03:30:20	05:20:21	05:21:00
65	612	Niek Versteeg	Lochem	M30+	66	01:40:18	03:26:40	05:21:16	05:21:47
66	728	Pascal de Kort	Beerse	M50+	67	01:39:16	03:25:39	05:22:16	05:22:21
67	355	Ruben van der Zander	Gemert	M40+	68	01:42:21	03:27:44	05:22:05	05:22:28
68	304	Simon Overeem	Veenendaal	M18+	69	01:48:25	03:31:12	05:22:16	05:23:25
69	506	Thijs van den Berg	Uden	M30+	70	01:44:50	03:29:55	05:22:29	05:23:32
70	102	Michiel van Goor	Nijeveen	M30+	71	01:39:45	03:24:09	05:23:57	05:24:08
71	150	Daan de Bruin	Klazienaveen	M40+	72	01:42:58	03:30:12	05:26:06	05:26:16
72	365	Rob Grift	Houten	M40+	73	01:48:42	03:36:12	05:25:54	05:26:19
73	198	Chris van Vliet	Overveen	M18+	74	01:38:28	03:26:17	05:26:16	05:26:30
74	730	Rob de Kort	Berkel-Enschede	M40+	75	01:45:03	03:32:30	05:26:09	05:26:36
75	416	Niek Dam	Lutten	M30+	76	01:51:30	03:38:22	05:26:16	05:27:15
76	679	Janno de Bruijn	Delft	M18+	77	01:47:37	03:33:24	05:26:45	05:27:20
77	456	Jacques Kovac	Zeeland	M40+	78	01:45:54	03:33:10	05:27:28	05:27:51
78	111	Erwin de Veer	Heesch	M40+	79	01:47:38	03:35:01	05:28:09	05:28:28
79	488	Twan Coolen	Erp	M40+	80	01:41:30	03:27:52	05:28:09	05:28:31
80	349	Olaf van Stam	Voorburg	M30+	81	01:46:18	03:34:32	05:27:37	05:28:38
81	538	Willem van der Vlugt	Medemblik	M30+	82	01:43:28	03:31:02	05:28:05	05:28:45
82	374	Allard Neijmeijer	Utrecht	M18+	83	01:41:38	03:29:30	05:29:06	05:29:27
83	462	Bram Brusckke	De Rijp	M30+	84	01:47:38	03:35:14	05:28:40	05:30:01
84	384	Jenco Drost	Zwolle	M30+	85	01:47:15	03:35:09	05:29:24	05:30:04
85	571	Johan van den Beemd	St. Willebrord	M40+	86	01:45:13	03:34:04	05:30:48	05:31:02
86	507	Jerry Otten	Bergen Lb	M40+	87	01:48:50	03:36:24	05:30:19	05:31:02
87	499	Willem van Hoof	Mierlo	M40+	88	01:46:10	03:32:57	05:31:06	05:31:55
88	398	Eduard Laarman	Hellendoorn	M50+	89	01:45:10	03:34:31	05:32:50	05:33:12
89	722	Pieter Nagelmaeker	Eindhoven	M40+	90	01:44:14	03:32:49	05:32:46	05:33:40
90	376	Han Padding	Leiden	M30+	91	01:52:07	03:39:47	05:32:37	05:33:40
91	478	Roel van Leeuwen	Vlaardingen	M40+	92	01:55:00	03:40:50	05:33:57	05:34:28
92	190	Pim de Waard	Heiloo	M50+	93	01:41:21	03:30:30	05:35:11	05:35:19
93	442	Tim Lemmers	Nijmegen	M18+	94	01:46:21	03:35:35	05:34:57	05:35:31
94	447	Hennie van der Laan	Houten	M50+	95	01:53:56	03:42:29	05:35:07	05:36:26

95	347	Ron Doorackers	Tilburg	M40+	96	01:46:14	03:36:35	05:37:09	05:37:37
96	522	Richard Schouten	s-Gravenhage	M40+	97	01:50:14	03:39:33	05:36:58	05:37:44
97	729	Johnny Goetschalckx	Beerse	M50+	98	01:45:13	03:43:22	05:37:40	05:37:45
98	641	Joep Keijsers	Maarn	M30+	99	01:51:54	03:40:31	05:36:54	05:38:04
99	470	René Konijn	Schermerhorn	M40+	100	01:51:35	03:45:09	05:38:22	05:38:47
100	698	Tonny Kralt	Rijnsburg	M50+	101	01:51:48	03:43:58	05:38:04	05:39:06
101	129	Hans ter Horst	Delden	M40+	102	01:47:50	03:39:07	05:39:04	05:39:18
102	684	Marcel de Laat	Breda	M18+	104	01:52:25	03:42:44	05:39:59	05:41:21
103	464	Marcel van Echtelt	Houten	M40+	105	01:51:32	03:41:05	05:41:36	05:42:02
104	584	Ralph Grootjes	Alkmaar	M40+	106	01:50:05	03:41:47	05:41:32	05:42:07
105	475	Roel Simoons	Egmond aan Z	M40+	107	01:49:42	03:37:12	05:41:11	05:42:17
106	523	Gijs Frencken	Oisterwijk	M40+	108	01:51:10	03:43:38	05:42:49	05:44:03
107	334	Roland Klees	Nootdorp	M50+	109	01:54:30	03:46:41	05:44:47	05:45:14
108	333	Arjen Kuper	Eelde	M40+	110	01:43:30	03:49:22	05:45:08	05:45:34
109	536	Jeroen Luttmmer	s-Gravenhage	M30+	111	01:51:23	03:41:55	05:45:02	05:45:38
110	177	Bart Kalshoven	Castricum	M50+	112	01:48:51	03:43:36	05:45:48	05:45:59
111	403	Frank vd Weteringe B	Sint Pancras	M50+	113	01:50:54	03:42:16	05:45:32	05:46:39
112	390	Eelco Rozendal	Steenwijk	M40+	114	01:49:30	03:41:56	05:46:31	05:46:54
113	324	Joost Knibbeler	Brunssum	M40+	115	01:55:14	03:47:19	05:46:55	05:47:49
114	429	Hans Raven	Harderwijk	M40+	116	01:52:53	03:40:02	05:46:36	05:47:51
115	558	Marc de Graauw	Nederhorst de	M40+	117	01:47:28	03:43:17	05:47:37	05:48:05
116	409	Remco van der Graaf	Brielle	M30+	118	01:47:30	03:43:09	05:47:39	05:48:06
117	184	Marc Bouwer	Alkmaar	M50+	119	01:50:56	03:46:04	05:47:56	05:48:11
118	505	Vincent Spierings	Alkmaar	M30+	120	01:52:14	03:42:35	05:47:35	05:48:27
119	644	Edwin Soepenber	Den Ham Ov	M40+	121	01:44:38	03:34:23	05:48:25	05:48:48
120	446	Rob Schilders	Hilvarenbeek	M40+	122	01:54:47	03:48:10	05:48:49	05:49:41
121	485	Wietze Gorter	Oosterwolde F	M40+	123	01:53:56	03:51:38	05:50:01	05:50:32
122	721	Dennis Kortenoeven	Asten	M40+	124	01:55:31	03:49:21	05:50:53	05:51:50
123	438	Marcel Beukers	Petten	M50+	125	01:53:24	03:46:11	05:51:22	05:52:03
124	676	Erik Van Putten	Oss	M40+	126	01:57:25	03:51:11	05:50:56	05:52:05
125	163	Bertus Sanders	Emmen	M30+	127	01:47:18	03:40:10	05:51:59	05:52:18
126	158	Peter Dericks	Haren	M40+	128	01:45:54	03:39:56	05:52:10	05:52:21
127	393	Pieter Schoenmaker	Wijchen	M18+	129	02:01:26	03:53:22	05:51:09	05:52:29
128	122	Martijn Koorevaar		M30+	130	01:56:10	03:48:13	05:51:28	05:53:10
129	568	Janko Cornelissen	Oirschot	M50+	131	01:53:00	03:46:15	05:54:27	05:55:11
130	140	Daan Verzijlberg		M18+	132	01:48:21	03:47:38	05:55:47	05:56:00
131	531	Willem Eckhardt	Julianadorp	M50+	133	01:52:33	03:48:28	05:55:43	05:56:20
132	408	Xander Uiterlinden	Deventer	M40+	134	01:57:21	03:51:15	05:55:12	05:56:46
133	502	John Loonstra	Apeldoorn	M40+	135	01:56:41	03:51:56	05:55:52	05:57:06
134	572	Wietse Willems	Tilburg		136	01:55:20	03:48:30	05:55:53	05:57:07
135	445	Sander klein Goldewij	Marienvelde	M40+	137	01:59:01	03:53:58	05:56:22	05:57:58
136	196	Maarten Bruin	Velserbroek	M30+	138	01:46:40	03:44:23	05:57:58	05:58:12
137	443	Jim Otter	Leersum	M18+	139	02:01:47	03:57:50	05:57:28	05:58:31
138	508	Jan Strijker	Emmen	M40+	140	01:55:27	03:52:05	05:57:25	05:58:32
139	484	Roland Lamein	Assen	M40+	141	01:52:28	03:51:37	05:58:26	05:58:58
140	628	Michael Berkhout	Oudesluis	M40+	142	01:57:08	03:54:43	05:58:29	05:59:26
141	354	Casper Esmeijer	Nijmegen	M40+	143	02:07:14	04:18:34	05:57:46	05:59:36
142	383	Ronald van den Berg	Arnhem	M18+	144	01:54:40	03:51:17	05:58:39	05:59:53
143	614	Marc Lelijveld	Haastrecht	M18+	146	01:54:00	03:49:12	05:59:38	06:00:37
144	580	Berry Doeve	Twello	M18+	147	01:55:55	03:55:03	06:00:22	06:01:43

145	193	Willem Verplanke	Oosterbeek	M50+	148	01:56:59	03:53:36	06:02:38	06:02:52
146	715	Glenn de Rijk	St. Willebrord	M18+	149	01:55:55	03:54:21	06:01:40	06:02:59
147	670	Willem van Gestel	Diessen	M30+	150	01:58:44	03:56:41	06:04:15	06:05:05
148	302	Koen van Dal	Diessen	M50+	151	01:59:07	03:58:37	06:04:21	06:05:06
149	511	Ruud Onink	Wijk bij Duurs	M50+	152	02:04:15	04:00:04	06:05:52	06:06:55
150	556	Gosse Bergsma	Oosterwolde F	M40+	153	01:52:50	03:51:38	06:06:30	06:07:00
151	724	Tim Gasseling	Kleve	M30+	154	01:57:35	03:57:18	06:08:07	06:08:40
152	573	Hans van Bohemen	Utrecht	M50+	155	01:56:10	03:55:50	06:09:23	06:09:50
153	723	Wesley Uyttebroeck	Geetbets	M40+	156	02:04:25	04:02:02	06:09:32	06:10:32
154	703	Alexander Schoenmak	Zwolle	M40+	157	01:54:32	03:52:10	06:10:28	06:11:07
155	585	Frank Reijrink	Oisterwijk	M40+	158	01:59:45	03:56:58	06:11:42	06:12:31
156	364	Ronald Geleynse	s-Gravenhage	M50+	159	01:56:03	04:00:13	06:14:35	06:15:19
157	337	Raymond Schouten	Breda	M30+	160	02:03:22	04:26:59	06:15:10	06:15:45
158	368	Pat Steehouwer	Sneek	M50+	161	02:02:43	04:06:04	06:15:02	06:16:21
159	468	Roy de Beijer	Diessen	M40+	162	02:01:42	04:02:50	06:15:28	06:16:23
160	530	Bart Fortkamp	Wijk bij Duurs	M50+	163	01:59:49	04:01:56	06:16:19	06:16:43
161	631	Niels Finkenflugel	Uden	M30+	164	02:01:09	04:01:57	06:15:15	06:16:53
162	367	Siemon van der Linde	De Hoeve	M40+	165	02:02:16	04:02:31	06:17:44	06:18:37
163	370	Jan Wikkerink	Vragender	M40+	166	02:00:03	04:03:14	06:19:09	06:20:30
164	101	Matthieu Klooster	Ruinerwold	M30+	167	01:49:44	03:50:13	06:20:35	06:20:50
165	517	Tjeu Gaalen	Wateringen	M50+	168	02:10:17	04:07:18	06:21:49	06:22:26
166	418	Aart Groeneveld	Sliedrecht	M30+	170	02:02:53	04:04:52	06:21:40	06:23:10
167	132	Olaf Verhoeve		M18+	171	02:01:40	04:11:33	06:24:10	06:24:22
168	704	Bart Eisenburger	Nijmegen	M40+	172	01:58:47	04:04:17	06:24:10	06:25:15
169	415	Johannes Ubing	Veenendaal	M30+	173	02:04:31	04:14:19	06:24:12	06:25:52
170	487	Paul van de Wetering	Sint-Oedenroc	M30+	174	02:01:21	04:06:23	06:24:53	06:26:04
171	623	Mark van Dijk	Sint-Oedenroc	M30+	175	02:01:25	04:06:25	06:24:53	06:26:04
172	346	Stephan van Rens	Rotterdam	M30+	176	02:03:20	04:05:02	06:24:45	06:26:11
173	513	Martijn Berkhout	Haarlem	M30+	178	01:58:38	04:05:04	06:26:09	06:27:03
174	377	Eelco Berkhout	Haarlem	M30+	179	01:58:37	04:04:46	06:26:11	06:27:03
175	719	Erwin Tump	Koog aan de Z	M30+	180	02:02:38	04:04:40	06:25:21	06:27:04
176	343	Dorus de Leeuw	Someren	M40+	181	02:06:09	04:16:06	06:26:04	06:27:09
177	113	Koen Lenaerts	Lille	M40+	182	02:00:11	04:09:52	06:28:18	06:28:36
178	735	Hans van Huet	Duiven	M50+	183	02:03:28	04:06:35	06:28:15	06:29:43
179	348	Harm Selten	Uden	M30+	185	02:01:19	04:09:32	06:31:51	06:33:29
180	153	Martijn Velding	Oosterhessele	M30+	186	01:48:50	03:48:32	06:34:12	06:34:24
181	610	Hylke Nota	Oudesluis	M30+	187	02:03:02	04:19:10	06:33:53	06:34:51
182	411	Mathijs Wansink	Haarlem	M50+	188	02:05:50	04:12:04	06:33:50	06:35:33
183	331	Corné de Brouwer	Diessen	M50+	189	02:01:21	04:10:59	06:35:51	06:36:35
184	570	Gert-Jan Hollem	Ter Aar	M40+	190	02:05:37	04:12:51	06:37:03	06:38:30
185	674	Robert van der Nap	Breda	M30+	191	02:07:33	04:18:16	06:41:02	06:42:54
186	542	Omar Bom	Raamsdonksv	M40+	192	02:05:37	04:17:59	06:42:26	06:43:31
187	607	Frans Heuvelmans	Diessen	M50+	193	02:02:59	04:13:54	06:47:06	06:47:51
188	651	Leon Peters	Hilvarenbeek	M50+	194	02:02:47	04:13:45	06:46:54	06:47:51
189	473	Jaco Slingerland	Nieuwkoop	M40+	195	02:07:01	04:20:22	06:47:55	06:48:57
190	137	Vincent van Balderen		M18+	196	02:01:40	04:23:02	06:55:16	06:55:29
191	7	Sjoerd Meijdam	Tilburg	M18+		01:29:06	03:06:38		03:06:39
192	164	Alex Laanstra	Steenwijk	M40+		01:35:31	03:17:10		03:17:17
193	419	Sjonnie de Vries	Epe	M40+		01:35:27	03:18:43		03:19:03
194	36	Robin de Regt	Etten-Leur	M18+		01:42:56	03:19:22		03:19:28

195	197	Guido Tromp	Heemskerk	M30+	01:40:21	03:20:54	03:21:08
196	662	Pim van der Marel	De Lier	M18+	01:36:02	03:23:19	03:23:31
197	41	Niels Wubben	Dorst	M30+	01:36:06	03:23:44	03:23:52
198	664	Johan van de Ven	Zeeland	M40+	01:40:29	03:23:55	03:24:01
199	104	Yvar Kortleve	Havelte	M18+	01:39:11	03:25:18	03:25:30
200	35	Christiaan Last	De Pol	M40+	01:37:33	03:26:29	03:26:33
201	600	Arjan van der Plas	s-Gravenhage	M30+	01:44:44	03:28:28	03:28:42
202	461	Jan Compagner	Staphorst	M50+	01:44:55	03:27:59	03:29:09
203	680	Gael Tack	Ridderkerk	M30+	01:41:26	03:29:00	03:29:28
204	171	Wim de Wit	Akkrum	M30+	01:41:18	03:30:10	03:30:18
205	371	Jan Metselaar	Bergschenhoe	M18+	01:37:04	03:30:05	03:30:25
206	661	Sander van Gelderen	Tuk	M40+	01:46:01	03:30:23	03:31:20
207	322	René Holtslag	Apeldoorn	M40+	01:46:04	03:30:32	03:31:39
208	320	Roel Hoekstra	Leeuwarden	M30+	01:43:29	03:31:40	03:32:13
209	439	Dennis Kulk	Noordwijk Zh	M40+	01:45:01	03:32:00	03:32:18
210	434	Berry Hollander	Sassenheim	M40+	01:46:58	03:33:51	03:34:10
211	457	Henk Bos	Drachten	M18+	01:44:55	03:34:57	03:36:05
212	173	Floran Stuijt	Wehl	M30+	01:39:08	03:36:06	03:36:17
213	396	Bart Levering	Limmen	M18+	01:52:13	03:35:36	03:36:26
214	582	Nils ten Brinke	Apeldoorn	M40+	01:46:26	03:36:03	03:36:29
215	400	Robbert Wajer	Beilen	M40+	01:46:27	03:36:04	03:36:29
216	717	Sander Dijkink	Odiliapeel	M30+	01:46:31	03:36:42	03:36:59
217	375	Mark van Schie	Spaarndam	M30+	01:45:19	03:36:18	03:37:05
218	713	Tom Bakkum	Limmen	M30+	01:50:13	03:36:59	03:37:53
219	178	Jan Langeveld	Castricum	M40+	01:45:20	03:37:44	03:37:55
220	636	Joris de Meulder	Dorst	M40+	01:48:42	03:37:47	03:38:41
221	28	Harald Mijnsbergen	Ooserhout	M40+	01:45:56	03:39:20	03:39:28
222	373	Danny Lugt	Gouda	M30+	01:45:59	03:39:34	03:39:58
223	714	Arnold de Graaff	Gasselte	M40+	01:47:30	03:40:10	03:40:44
224	392	Richard Rook	Apeldoorn	M40+	01:54:49	03:39:15	03:40:47
225	342	Coen Telgenhof	Losser	M30+	01:45:16	03:41:45	03:42:14
226	437	Patrick Koch	Tholen	M40+	01:49:09	03:41:19	03:42:18
227	440	Iwan te Brake	Lichtenvoorde	M40+	01:49:22	03:42:13	03:42:41
228	699	Hand Peter Andriesse	Houten	M50+	01:53:55	03:42:29	03:43:48
229	678	Wout Koomen	Medemblik	M18+	01:50:16	03:43:09	03:43:54
230	301	Roger Pleijers	Berg en Terblij	M40+	01:51:38	03:43:07	03:44:12
231	369	Maurice Monch	Alkmaar	M40+	01:53:52	03:44:01	03:45:20
232	563	Pierre Blok	Lopikerkapel	M40+	01:48:57	03:45:19	03:45:42
233	490	Wim Botman	Avenhorn	M30+	01:48:38	03:45:56	03:46:51
234	491	Jurien van Duuren	Oudewater	M30+	01:52:44	03:46:55	03:47:15
235	615	Koen Beukers	Noordwijk Zh	M30+	01:54:10	03:46:28	03:47:53
236	155	John Schepers	Schoonebeek	M40+	01:48:51	03:47:51	03:48:02
237	187	Herman de Weerd	Krommenie	M40+	01:51:42	03:48:40	03:48:52
238	652	Marcel van Hal	Briellen	M30+	01:51:39	03:48:35	03:49:03
239	463	Cees de Ridder	Noordwijk Zh	M18+	01:50:18	03:48:54	03:49:23
240	583	Jaco van der Eijk	Zevenhuizen Z	M50+	01:48:12	03:49:02	03:49:28
241	378	Robert Jan van Haage	Roelofarendsv	M50+	01:58:23	03:48:30	03:49:42
242	359	Mark Scheffers	Bavel	M40+	01:57:04	03:48:42	03:49:46
243	145	Evert Koning	Lottersem	M18+	01:47:27	03:49:33	03:50:04
244	727	Wilco Verwegen	Melderslo	M40+	01:44:57	03:50:18	03:51:02

245	107	Anne Jan Neijenhuis	Meppel	M30+	01:51:44	03:50:55	03:51:08
246	509	Robert de Louwere	Bladel	M50+	01:55:28	03:50:02	03:51:36
247	326	Luuk Van Dorth	Hengelo Ov	M30+	01:54:42	03:52:34	03:53:01
248	388	Marc Jansen	Uden	M40+	01:57:07	03:52:42	03:53:56
249	645	Hendrik Meijer	Putten	M18+	01:52:59	03:53:27	03:54:04
250	720	Gert Bevers	Essen	M30+	01:51:15	03:54:39	03:55:01
251	453	Ubbo Kuper	Hazerswoude-	M40+	01:49:10	03:54:41	03:55:06
252	192	Jean Paul Christy	Herveld	M40+	01:51:38	03:54:51	03:55:08
253	112	Alex Steinvoort	Berghem	M40+	01:46:15	03:54:49	03:55:09
254	545	Dirk Reijn	Kranenburg	M50+	01:56:04	03:54:43	03:55:17
255	532	Rob an der Wal	Doetinchem	M50+	01:53:04	03:55:00	03:55:31
256	471	Martin Essink	Gaanderen	M50+	01:53:04	03:55:01	03:55:33
257	548	Jasper Wagenaar	Oosterblokker	M30+	01:57:00	03:54:16	03:55:42
258	146	Rick Stuurd	Lottersem	M18+	01:47:31	03:55:14	03:55:45
259	303	Marcel Boogert	Hoogblokland	M30+	01:53:45	03:55:23	03:55:50
260	567	Wilco den Hollander	Krimpen aan d	M40+	01:56:05	03:54:42	03:55:57
261	654	Jasper Haselager	Losser	M30+	01:56:25	03:55:52	03:56:23
262	312	Patrick Janssen	Doetinchem	M40+	01:51:35	03:55:55	03:56:30
263	555	Henri van Heun	Nijverdal	M50+	01:55:08	03:56:23	03:56:49
264	593	Rob Bonting	Eelde	M40+	01:55:50	03:58:22	03:58:50
265	516	Barry Mars	Tilburg	M40+	02:01:15	03:57:22	03:58:53
266	339	Rodger van Leeuwen	Amsterdam	M40+	01:59:33	03:58:27	03:59:29
267	389	Jeroen Straver	Andel	M30+	01:50:38	03:59:06	03:59:38
268	483	Marco Bergman	Groningen	M30+	01:55:40	03:59:25	03:59:55
269	588	Erik Ruis	Dronten	M40+	01:52:43	03:59:27	03:59:57
270	579	Mario Sonoto	Apeldoorn	M50+	02:00:53	03:59:00	04:00:18
271	315	Rik Smit	Steenwijk	M40+	01:55:13	03:59:32	04:00:28
272	493	Paul Bakker	Doetinchem	M50+	01:57:00	04:00:11	04:00:46
273	660	Patrick Vereijken	Beek en Donk	M40+	01:57:45	04:00:21	04:00:52
274	108	Pieter Kortleve	Havelte	M50+	01:53:20	04:00:45	04:01:00
275	643	Gerjan Bremmer	Wierden	M40+	01:55:37	04:00:42	04:01:06
276	318	Daan Deckers	Oisterwijk	M40+	02:04:58	03:59:33	04:01:13
277	421	Rob Velden	Vught	M50+	02:04:58	03:59:33	04:01:14
278	489	Paul Groen	Alkmaar	M40+	02:02:04	04:00:45	04:01:21
279	691	Rick Coreelmont	Amsterdam	M40+	01:59:22	04:01:00	04:02:10
280	103	Janko ter Heide	Ruinerwold	M40+	01:58:46	04:02:06	04:02:23
281	527	Hans Kox	Eersel	M40+	01:55:40	04:02:06	04:02:35
282	448	Niels Bergman	Havelte	M30+	01:57:54	04:01:01	04:02:44
283	504	Jacco van Kooten	Breezand	M50+	02:02:58	04:02:56	04:03:39
284	476	Sil Smit	Nederhorst de	M18+	01:48:22	04:03:47	04:04:19
285	534	Pieter Van der Eijk	Swifterbant	M40+	01:57:35	04:04:39	04:05:10
286	452	Jan-Willem Waterweg	Hierden	M30+	01:56:00	04:04:38	04:05:14
287	562	Patrick Bergervoet	Didam	M40+	01:58:55	04:03:53	04:05:16
288	200	Bart Welboren	Heemskerk	M30+	01:51:53	04:04:56	04:05:16
289	687	Dave Kwerreveld	Winterswijk	M40+	01:58:20	04:03:58	04:05:18
290	436	Tymo Dijkstra	Zwolle	M40+	02:02:04	04:05:41	04:06:26
291	444	Sander van Ooij	Amsterdam	M30+	02:03:13	04:05:03	04:06:48
292	338	Hein Bergmans	Amsterdam	M30+	02:03:18	04:05:03	04:06:48
293	345	Denny van Arkel	IJsselstein Ut	M40+	02:02:53	04:05:37	04:06:51
294	115	Wim van Horen	Malden	M50+	01:57:47	04:06:36	04:06:53

295	706	Giel Brugman	Alkmaar	M40+	02:01:54	04:06:06	04:06:57
296	595	Egbert Dragstra	De Punt	M40+	01:52:39	04:06:53	04:07:19
297	405	Chris van der Blonk	Alkmaar	M40+	02:01:15	04:06:56	04:07:36
298	413	Sander van der Velde	Oude-Tonge	M30+	01:58:38	04:08:51	04:10:00
299	616	Corne van der Linde	Middelharnis	M30+	01:58:36	04:08:51	04:10:00
300	543	David van der Welle	Warmenhuize	M40+	02:01:38	04:10:11	04:10:53
301	156	Robert Vogelzang	Coevorden	M40+	01:54:42	04:11:06	04:11:18
302	599	Joost Aldus	Velp	M40+	02:02:06	04:09:58	04:11:25
303	657	Marc Schram	Ursem	M40+	02:02:18	04:10:23	04:11:36
304	613	Jeroen den Haan	Waspik	M40+	02:05:09	04:10:30	04:12:11
305	640	Dennis van Beek	Ermelo	M40+	02:04:02	04:11:20	04:12:32
306	605	Niek Cornelissen	Zeddam	M30+	02:05:07	04:10:55	04:12:33
307	601	Harry Grevers	Winterswijk	M50+	02:04:33	04:11:13	04:12:40
308	529	Marijn Treurniet	Oisterwijk	M30+	01:56:04	04:12:10	04:13:26
309	574	Wouter Groenestein	Nieuwegein	M30+	02:02:58	04:12:27	04:13:38
310	105	Rick van der Vegt	Staphorst	M30+	01:59:32	04:13:28	04:13:46
311	360	Han Rouwhorst	Zieuwent	M30+	02:04:05	04:12:18	04:13:54
312	385	Dennis ten Tije	Didam	M40+	02:05:07	04:13:02	04:14:41
313	626	Arjan Vaartjes	Winterswijk	M40+	02:03:05	04:13:23	04:14:43
314	404	Jos Leijten	Haarlem	M30+	01:59:43	04:13:04	04:14:46
315	686	Richard de Boer	Soest	M30+	01:58:04	04:13:26	04:14:49
316	195	Robert Bosma	Haarlem	M40+	01:54:54	04:14:36	04:14:52
317	420	Guus Walhof	Hengevelde	M18+	02:09:51	04:14:05	04:15:11
318	127	Peter Wolters	Oldenzaal	M50+	02:01:35	04:15:01	04:15:25
319	634	Johan van Rijdt	s-Hertogenbos	M40+	02:03:38	04:15:06	04:15:47
320	179	Jan Liefding	Castricum	M50+	02:03:23	04:15:44	04:16:01
321	496	Patrick Hermsen	Didam	M40+	02:01:36	04:15:36	04:16:58
322	427	Edwin de Ligt	Santpoort-No	M50+	02:03:22	04:15:21	04:17:01
323	180	Richard Jacet	Castricum	M40+	02:03:23	04:16:50	04:17:06
324	734	Harm Gies		M40+	02:05:05	04:16:49	04:18:07
325	317	Marcel Granneman	Harderwijk	M40+	02:05:44	04:18:21	04:20:07
326	596	Timo van Dam	Epe	M18+	01:58:46	04:19:36	04:20:08
327	606	Jules Heijneman	Nijmegen	M40+	02:07:02	04:18:23	04:20:15
328	110	Marco van den Helm	Oss	M40+	02:03:04	04:20:19	04:20:36
329	655	Sander Heemskerk	Noordwijk Zh	M40+	02:05:27	04:19:08	04:20:38
330	668	Martijn Heemskerk	Noordwijkerh	M40+	02:05:26	04:19:07	04:20:38
331	118	Frits van Ramshorst		M50+	02:07:43	04:19:59	04:21:46
332	422	Marco Struis	Eerbeek	M40+	02:10:38	04:20:57	04:22:10
333	474	David van Horen	Breda	M40+	02:07:32	04:20:24	04:22:17
334	366	Marko Dokter	Winterswijk	M50+	02:03:51	04:20:55	04:22:18
335	441	Harm Leenders	Nijmegen	M30+	02:05:50	04:22:08	04:23:39
336	710	Ronald Momberg	Hengelo Gld	M30+	02:18:59	04:23:17	04:24:35
337	539	Willem van Santen	Dinxperlo	M40+	02:07:17	04:24:39	04:25:21
338	307	Serge van der Heijden	Eerbeek	M40+	02:05:08	04:24:51	04:25:42
339	492	Jan Willem Jonker	Ermelo	M40+	02:05:34	04:24:24	04:26:08
340	541	Jeroen Kuiper	Alkmaar	M30+	01:57:41	04:26:16	04:26:24
341	629	Patrick Bruns	Almelo	M40+	02:12:55	04:26:30	04:27:24
342	503	Eric Paap	Eefde	M50+	02:03:41	04:27:45	04:28:18
343	611	Bob Timmer	Sliedrecht	M50+	02:04:38	04:26:54	04:28:26
344	718	Wouter Kamphuis	Oldenzaal	M40+	02:05:29	04:28:41	04:29:51

345	410	Bert Schoenmakers	Breda	M40+	02:07:11	04:28:21	04:30:10
346	482	Maurice Verschuren	Breda	M40+	02:08:13	04:28:19	04:30:11
347	139	Jon Jonker		M18+	02:09:39	04:30:15	04:30:34
348	594	Sander van der Meer	Alkmaar	M40+	02:11:10	04:29:38	04:31:03
349	134	Giel Kortekaas		M18+	02:17:43	04:31:37	04:31:50
350	635	Joakim de Visser	Reeuwijk	M40+	02:04:35	04:02:56	04:32:31
351	621	Mark Huisman	Ursem	M18+	02:05:10	04:31:25	04:32:37
352	659	Etienne Alderlieste	Woerden	M30+	02:10:28	04:31:15	04:32:38
353	540	Joep van Velzen	Westwoud	M30+	02:15:02	04:31:44	04:33:13
354	633	Lennart Weerts	s-Gravenhage	M30+	02:10:23	04:32:09	04:33:31
355	559	Ad Meeuwesen	Diessen	M50+	02:10:50	04:33:33	04:34:31
356	433	Fabien Mak	Zoetermeer	M18+	02:14:48	04:34:21	04:35:48
357	430	Yuri Kramer	Zieuwent	M40+	02:11:47	04:34:15	04:35:52
358	533	Gijs Kwak	Winterswijk	M30+	02:10:47	04:34:35	04:36:00
359	673	Boudewijn Geijtenbeeck	Colmschate	M30+	02:08:34	04:36:02	04:37:38
360	131	Ewals Damhuis	Oldenzaal	M50+	02:13:12	04:33:06	04:38:20
361	402	Edwin Aaldering	Duiven	M50+	02:08:55	04:39:28	04:40:09
362	135	Manfred van Velzen		M18+	02:14:29	04:40:05	04:40:20
363	731	Anthony van Raak	Tilburg	M40+	02:43:06	04:40:35	04:41:05
364	160	Rene Kuipers	Annen	M40+	02:09:49	04:40:43	04:41:05
365	515	Bart Post	Emmen	M40+	02:16:14	04:40:34	04:41:32
366	123	Paul Lunenburg		M30+	02:02:57	04:40:25	04:42:05
367	203	Rob Reijnders	Tilburg	M30+	02:05:36	04:43:58	04:45:16
368	162	Harold Ezinga	Annen	M40+	02:18:36	04:46:19	04:46:40
369	313	Pierre Noiret	Apeldoorn	M50+	02:18:49	04:45:30	04:46:54
370	387	Bart Boonacker	Den Hoorn (Zuid)	M30+	02:06:23	04:46:10	04:47:03
371	455	Erik Mutsaers	Breda	M40+	02:11:04	04:45:56	04:47:03
372	500	Marcel Zwiers	Assen	M40+	02:22:54	04:46:06	04:47:19
373	119	Johan Claassens		M40+	02:12:43	04:45:37	04:47:20
374	183	Menno Gouweleeuw	Castricum	M40+	02:14:54	04:47:40	04:47:50
375	465	Paul Geurts	Nijmegen	M30+	02:12:58	04:48:02	04:48:49
376	663	Roelof van Ginkel	Harderwijk	M40+	02:13:24	04:48:32	04:50:18
377	141	Remco Kuhlmann		M18+	02:14:23	04:50:14	04:50:23
378	149	Michel van Uden	Helmond	M40+	02:05:55	04:51:25	04:51:50
379	602	Chris Dekkers	Rijen	M30+	02:14:11	04:54:15	04:54:50
380	314	Mike Hurkx	Nijmegen	M30+	02:05:02	04:27:58	04:57:23
381	519	Michel Huning	Aalten	M50+	02:17:28	05:00:36	05:01:09
382	182	Sjon Peeters	Castricum	M50+	02:28:21	05:05:59	05:06:15
383	125	Ruud van de Veen		M50+	02:29:12	05:08:04	05:09:52
384	550	Koos Caspers	Noordwijkerhout	M50+	02:16:58	05:09:01	05:10:37
385	702	Edwald vd Berg	Winterswijk H	M40+	02:30:32	05:22:47	05:24:11
386	666	Hans Geleyense	Leeuwarden	M50+	02:20:06	05:26:45	05:27:34
387	460	Jan Jaap Klomp	Nijmegen	M40+	02:23:17	05:50:01	05:51:30
388	311	Erik van Winkel	Nijmegen	M30+	02:42:06	05:52:39	05:54:13
389	42	Twan van den Brand	Volkel	M18+	01:26:45		01:26:48
390	5	Anne-Mark van der Vliet	Assen	M18+	01:29:06		01:29:08
391	8	Henk Jaap Moorlag	Onstwedde	M18+	01:31:33		01:31:40
392	4	Rob van der Werf	Gilze	M30+	01:33:53		01:33:56
393	18	Freddie van der Schoneveld	Gemonde	M40+	01:36:26		01:36:30
394	26	Mark Baudoin	s-Hertogenbosch	M40+	01:36:37		01:36:40



395	560	Ruud Bosscha	Tuk	M30+	01:38:56	01:39:21
396	619	Kevin Gideonse	Ooij	M30+	01:39:55	01:40:16
397	587	Rudolf Martens	Hardenberg	M40+	01:41:36	01:42:00
398	109	Geert Swinkels	Lith	M50+	01:42:56	01:43:09
399	44	Arno van den Berg	Zeeland	M40+	01:45:49	01:45:53
400	325	Michiel Derksen	Oldenzaal	M30+	01:45:25	01:45:56
401	176	Boudewijn de Poorter	Sint-Oedenrode	M50+	01:46:30	01:46:42
402	152	Martin Grummel	Coevorden	M40+	01:47:47	01:47:56
403	620	Martijn van Kamp	Noordwijk	M40+	01:48:02	01:48:20
404	459	Han ten Brummelhuis	Nijverdal	M40+	01:48:42	01:49:06
405	512	Charles Wallert	Amerongen	M40+	01:48:34	01:49:32
406	432	Luc Heijl	Uden	M30+	01:51:56	01:53:03
407	169	Sjon van Veen	Bakkeveen	M30+	01:53:40	01:53:49
408	426	Dennis Zijlstra	Nijverdal	M30+	01:54:04	01:54:28
409	353	Jody Hooegeveen	Doetinchem	M40+	01:54:33	01:54:59
410	428	Rene Buitenhek	s-Gravenhage	M40+	01:54:33	01:55:23
411	323	Dries Pluimers	Velp Gld	M40+	01:55:53	01:56:19
412	341	Waldemar Wijers	Well Lb	M40+	01:56:21	01:57:03
413	165	Martin Kemper	Steenwijkerwold	M40+	01:57:34	01:57:45
414	106	Martijn Buld	Ruinerwold	M30+	01:58:16	01:58:33
415	667	William Kroes	Nijeveen	M40+	01:58:45	01:59:03
416	185	Bob van Walsum	Heerhugowaard	M40+	01:59:46	02:00:08
417	671	Arjan Schilder	Ursem	M18+	01:59:22	02:00:32
418	361	Gielijn Blom	Arnhem	M40+	01:59:28	02:00:34
419	648	Joost de Wit	Gouda	M40+	02:00:33	02:01:33
420	591	Frank Konijn	Heerhugowaard	M30+	02:02:29	02:02:57
421	638	Jasper van Houten	Nijmegen	M30+	02:02:00	02:03:23
422	521	Roy van Dalen	Den Oever	M30+	02:03:10	02:04:06
423	677	Ivor Bruin	Schalkhaar	M30+	02:03:28	02:04:22
424	189	Oscar Koopmans	Assendelft	M40+	02:06:08	02:06:20
425	435	Andre Brand	Wageningen	M40+	02:04:56	02:06:24
426	498	Stefan van Schendel	Malden	M18+	02:06:02	02:06:58
427	352	Bas Overdijk	Lent	M30+	02:06:50	02:07:27
428	332	Patrice de Leeuw	Huizen	M40+	02:07:45	02:08:18
429	357	Floriaan Alfrink	s-Gravenhage	M40+	02:07:59	02:08:36
430	712	Robert Kuijper	Alkmaar	M30+	02:07:45	02:09:02
431	148	Danny de Bont	Helmond	M40+	02:09:45	02:10:08
432	449	Erik Kienhuis	Tilburg	M40+	02:09:17	02:10:58
433	401	Gerwin Sok	Bergentheim	M40+	02:11:04	02:12:04
434	186	George Dooper	Broek op Langbroek	M40+	02:12:34	02:12:49
435	467	Bart Mulders	Nijmegen	M30+	02:12:58	02:13:44
436	174	Jasper Lub	Eindhoven	M40+	01:45:53	02:14:10
437	709	Rik Houwers	Eindhoven	M30+	02:13:24	02:14:39
438	481	Henk Geerlings	Noordwijkerhout	M40+	02:15:42	02:17:18
439	424	Rutger Kussendrager	Groningen	M30+	02:16:30	02:17:42
440	592	Mike de Landgraaf	Schellinkhout	M30+	02:16:29	02:17:58
441	649	Jacco van den Brink	Alkmaar	M30+	02:19:32	02:19:43
442	665	Maarten Slagmolen	Almere	M40+	02:18:37	02:20:20
443	578	Robert de Groot	Noordwijkerhout	M40+	02:21:19	02:22:53
444	625	Sebastiaan van Lunteren	Alkmaar	M30+	02:23:16	02:23:25

445	637	Peter Wolfs	Alkmaar	M50+	02:23:24				02:23:35
446	138	Floor Paesens		M18+	02:23:50				02:24:09
447	564	Bob klein Goldewijk	Lichtenvoorde	M40+	02:24:56				02:26:36
448	598	Mike Zandbergen	Noordwijk Zh	M18+	02:25:26				02:27:03
449	161	Harold Sinne	Annen	M50+	02:28:46				02:29:08
450	406	Feddo Bosveld	Nieuwegein	M40+	02:31:15				02:32:23
451	451	Sander van der Brink	Leersum	M40+	02:33:40				02:34:05
452	526	Robin Franzen	Nieuwegein	M40+	02:34:46				02:35:58
453	692	Walter Soek	Almere	M50+	02:36:16				02:37:59
454	380	Rene Jansen	Noordwijkerh	M30+	02:37:32				02:39:09
455	672	Ronald Bestman	Hellevoetsluis	M40+	02:38:22				02:40:11
456	547	Jan Smittenberg	Sappemeer	M40+	02:41:38				02:42:43
457	675	Sjoerd van Oosten	Breda	M40+	02:19:18				02:47:51
458	639	Peter Boon	Zaandam	M50+	02:20:23				02:48:42
459	589	Erwin Emmerig	Zaandijk	M50+	02:20:52				02:49:06
460	340	Alex de Jong	Heemskerk	M50+	02:55:40				02:57:18
461	551	Peter Heeremans	IJmuiden	M50+	02:55:40				02:57:18
462	642	Alfred Kleis	Punthorst	M30+	02:59:08				02:59:42
463	356	Peter van der Valk	Ulft	M50+	03:07:03				03:07:43
464	117	Fred van Busse		M50+	02:51:08				03:21:30
465	472	Maikel Hebben	Nijmegen	M40+	03:32:14				03:33:48
466	431	Jurriën Rinsema	Leidschendam	M30+	05:04:18				05:04:18
467	19	Michael Emmerik	Alkmaar	M30+	01:36:41	03:30:26	04:37:55		dnf
468	525	Sander Nooyens	Diessen	M18+	01:35:55	03:12:17			dnf
469	469	Mark van der Zanden	Boekel	M40+	01:40:18	03:20:12			dnf
470	14	Vincent Kip	Oldenzaal	M18+	01:33:03	03:22:35			dnf
471	624	Bob Janssen	Boxmeer	M30+	01:38:33	03:23:11			dnf
472	553	Victor Valkhof	Lichtenvoorde	M40+	01:49:46	03:48:58			dnf
473	537	Frank van den Broek	Asten	M40+	01:57:27	03:55:20			dnf
474	454	Martijn van Vechgel	Hoorn Nh	M40+	02:01:20	04:02:21			dnf
475	330	Marc van der Linden	Wijk bij Duurs	M40+	02:04:52	04:05:19			dnf
476	705	Jean Paul Smit	Hoofddorp	M40+	02:02:38	04:04:51			dnf
477	423	Stef de Bruin	Wijk bij Duurs	M50+	02:06:25	04:22:01			dnf
478	48	Roel Verhoeven	Vinkel	M18+	01:26:43				dnf
479	518	Arjan Broekema	Oosterwolde	M40+	01:40:21				dnf
480	11	Maarten Nijland	Rossum Ov	M40+	01:41:53				dnf
481	37	Wouter Hendriksen	Varsseveld	M18+	01:32:04	03:07:22	04:46:34		DQ

## Vrouwen

Pos	StNr	Naam	Woonplaats	Cat	#Tot	Netto35	Netto70	Netto105	BrutoTot	DQ
1	1003	Karen Brouwer	Spaarndam	V18+	57	01:40:52	03:24:13	05:12:32	05:12:39	
2	1001	Danielle Meijering	Zwolle	V18+	103	01:47:21	03:42:29	05:40:32	05:40:38	
3	1012	Femke van Kessel	Delft	V18+	145	01:55:46	03:58:59	05:59:30	06:00:06	
4	1016	Dieuwertje Poort	Nijmegen	V18+	169	02:07:38	04:09:17	06:21:45	06:23:06	
5	1004	Janneke de Wit	Alkmaar	V30+	177	02:03:03	04:12:27	06:26:04	06:26:14	
6	1015	Mariska Bouwer	Alkmaar	V40+	184	02:03:31	04:15:26	06:32:04	06:32:13	
7	1014	Diana Ligthart	Alkmaar	V40+		01:59:26	04:06:43		04:06:51	
8	1011	Ivon Brekelmans	Ede	V40+		02:12:42	05:00:13		05:00:21	
9	1009	Iris van der Stelt	Sassenheim	V18+		01:50:46	03:57:44		03:58:08	dnf

Timing & Results: MYLAPS Event Timing using MYLAPS BibTag; 08-04-2018 16:36:55